

U School Counselor Crawford's Corner

*As WE find OUR way through COVID-19
Please be SAFE, Be Well and STAY CONNECTED (Safely) online*

Hey U Schoolers! Let's stay in touch -

You can check in w/ me - [Counselor Crawford Mailbox/Referral form](#)

If you want to have a brief 15 min check in (Everyone) - set up a time using this link- [Counselor Crawford virtual check-in](#) schedule a time beginning April 20 **Hours are 1-2p M/W/F**

Seniors and families -set up a 30 min appt using this link- [Senior CCR class](#) **Hours are 11-12p T/Th**

Juniors and families - There are two Google Classroom courses. if you wish to set up a 30 min session - set up a time using one of these links - students can sign into their Google classroom to figure out which class they are assigned to. **Hours are 10a-11a - T/Th**

-[Junior CCR Class #3212](#)

[Junior CCR Class #3262](#)

Food / Community & Online Resources:

[If you are having problems buying food- click here](#)

●SDP meal pick up

<https://www.philasd.org/communications/2020/03/14/city-and-school-district-to-provide-meals-and-activity-space-during-school-closures/>

●School District of Philadelphia COVID-19 resource page:

<https://www.philasd.org/prevention/covid-19-health-and-mental-health-resources/>

●Safe2Say.org - <https://www.safe2saypa.org/>

●Wide Open school- select areas from the drop down list:

<https://wideopenschool.org/programs/educator/6-12/emotional-well-being/>

If you or someone you care about need to talk w/ someone or are experiencing a mental event, please check out one of the links below.**

Crisis Text Line | Text HOME To 741741

By neighborhood- MH supports

[Center City](#)

[Germantown](#)

[North Philly](#)

[North East](#)

[South Philly](#)

[South West](#)

[South West](#)

****If there is a true emergency, please call 911 - emails/text messages are not monitored after 3:45 pm M-F or during weekends.**